

## NORTH MARIN COMMUNITY SERVICES

2020-2021 Annual Report



## **About Us**

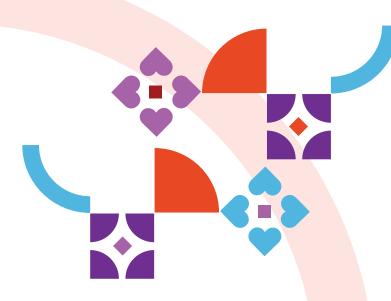
North Marin Community Services provides life-changing, comprehensive services to people in need in North Marin. This spring we will celebrate our 50th year in the community.

## **Mission**

Our mission is to empower youth, adults and families in our diverse community to achieve well-being, growth and success.

### **Vision**

We envision a strong community with opportunities for all.





### **Board of Directors**

President, Rick van Adelsberg Vice-President, Jim Correa Treasurer, Uday Wagle Secretary, Kate Shilvock

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Jim Duckworth

Karen Dillon Gifford

Cathy Janigian

Cris Jones

Alberto Lopez

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Aileen McGoldrick

Alejandro Menacho Molina, San Marin High

Isaac Munene

Karen Smail Poksay

Karen Robertson Strain

Rosa Velasquez, Novato High School

Chief Executive Officer, Cheryl Paddack



## In your neighborhood

Our programs are available at:

- 680 Wilson Ave. Center
- 1907 Novato Blvd. Center
- Novato Teen Clinic at 6090 Redwood Blvd. (in partnership with Marin Community Clinics)
- On Novato Unified School District campuses and in the community

## A Challenging and Rewarding Year

#### To Our Caring and Compassionate Supporters,

This has been a challenging and rewarding year for communities locally, nationally and globally. In North Marin, your tremendous support helped elevate the mission of North Marin Community Services (NMCS) and allowed us to quickly expand to be there for 11,000 people in need this year.

Life-changing events — illnesses, job losses, relocations, divorce, domestic abuse and the passing of loved ones — happened for thousands of people. To navigate these stressful life events, people turned to NMCS for help with rent and housing, finances, food, childcare and mental health support for depression, anxiety and feelings of hopelessness.

Fortunately, with your partnership, our team of 378 (63 staff members and 315 volunteers) was strategically positioned and ready to provide trauma informed, integrated and culturally appropriate services. Our 2020-21 Annual Report describes how impactful and life-changing our four program areas have been.

- Case Management (7,579 served)
- Mental Health and Wellness (1,853 served)
- Latinx Services (1,577 served)
- Child Development (165 served)

As the anchor safety-net provider in North Marin, we experienced a dramatic increase in the demand for our services from communities of color, underserved individuals and families adversely affected by traumatic childhood and life experiences. Our approach also includes correcting systems of inequity; when all people receive fair treatment and access to education, housing, employment and health care, we all succeed.



This year, our advocacy will focus on reducing poverty, basic needs access (rental assistance, food and childcare), preparing for public health and disaster response, voter registration, guaranteed income programs, and income tax credits. As an employer, we are committed to hiring and retaining experienced staff, offering an inclusive workplace to attract bilingual, bicultural staff, offering ongoing professional development and competitive wages and benefits. We are proud this year to have been named one of the North Bay Business Journal's Best Places to Work.

There are thousands of participant successes this year. For example, Angel, who did not join a gang and instead now aspires to go to UC Berkeley and Tiffany, who moved from living in a shelter to finding full employment, getting out of debt, and purchasing her first home (read these stories and more on pages 6 and 7). Throughout our 49 years, we have supported 100,000+ people, and this spring we will celebrate 50 years of service. We are all stewards of this grassroots anti-poverty nonprofit, which was originally founded by our caring community through the Novato Youth Center and Novato Human Needs Center.

Whether you are a long-time supporter, a founding board member, or have recently joined us, thank you for your generosity. You fuel this work and together we are creating a stronger community with opportunities for all.

In gratitude,

Cheryl Paddack
Chief Executive Officer

Chary 1 Paddack

Rick van Adelsberg Board President

Rich van Skelsberg

## **Programs That Make a**

### Case Management • 7,579 participants

Providing comprehensive safety net services for vulnerable families and adults that help people work towards greater self-sufficiency.

1) Community Support Services include: basic needs support (rental assistance, food pantry, holiday share, employment services, financial literacy), case management, parenting education, and life skills training; 2) Intensive Care Coordination to help strengthen the health and wellness for North Marin's low-income residents and connect people to resources. Programs include: Amigos de la Familia, Thriving Families Initiative, School Works Initiative (prevention services for underserved students 4th-8th grade).

- Rental assistance prevented homelessness for 1,098 low-income seniors, adults and children (\$754,659 distributed)
- Food pantry prevented hunger and food insecurity for 5,079 people (1,464 households)







### Mental Health and Wellness 1,853 participants

Promoting health, wellness and resiliency for individuals, groups and families. Programs include:
Community and School-based Mental Health Services; Mental Health clinical training and supervision; and the Novato Teen Clinic, which offers no-cost reproductive and behavioral health services for youth ages 12-25.



## Difference

Total

Participants
Served



### **Latinx Services** 1,577 participants

Providing leadership development, skill building, workshops and connection to health resources for the Latinx community through a Promotores/community health worker model. In addition, we support Newcomer students in fostering a sense of community and connection through assessment, outreach and engagement.











### **Child Development • 165 participants**

Offering Early Childhood Education and School Age enrichment programs that support the developmental growth of children ages 2 to 14 years old, while assisting parents/guardians in the workforce through childcare scholarships and affordable fees. An inclusive and safe environment, including skill building, academic support, healthy food, and mindfulness practices. After-school/summer programs for youth K-8th grade to strengthen foundational academic practices, foster resiliency, and increase social-emotional skills and motivation, including for those who have experienced trauma or have high needs, so that each child can be successful. Developmental Playgroup for ages 2-5 years and their parent/guardian through virtual learning experience or local park meet-ups.

## **Life-Changing**



#### Angel

"I'm proud of who I have become because of the support that School Works Initiative has given me.

Now I wake up every day with confidence and motivation to tell myself that I can do this. I can and

will accomplish my goals and go to UC Berkeley." Angel

Angel was fourteen years old when he was referred to NMCS' new School Works Initiative Program by his school's Vice Principal. Angel was trying to distance himself from a group of youth that were gang affiliated. Through this new NMCS program, Angel was connected to a specialty youth case manager and began to work with one of our mental health counselors weekly. His parents received parenting coaching and support from Isaura Resendiz, NMCS Intensive Care Coordination Manager. Through these integrated services, Angel and his family have a stronger relationship and Angel has developed new coping strategies, new friends, and his grades have improved. We also connected him to other partners including 10,000 Degrees. Angel now has a plan for college and a new path to take!



#### **Patricia**

Patricia and her husband both work and have three children. When Patricia was laid off from her job in a restaurant, the family could not make ends meet. They turned to NMCS for help with emergency financial assistance and food. Patricia's case manager, Ana Rivera, provided the couple with tools to move from financial insecurity and debt to

financial security. Patricia is now employed, has a savings account for their children's future education, and aspires to be a chef.



#### **Tiffany**

"I came from domestic violence. Me and my son tried to get away, moving from shelter to shelter just trying to make it... If it weren't for NMCS there would be no Christmas...so grateful for Isaura, the donors and the support!" Tiffany

NMCS Intensive Care Coordination Manager, Isaura Resendiz, enrolled Tiffany in our Thriving Family Initiative (TFI) program, which is a longer-term program that builds self-sufficiency. Through TFI and the help of community partners, Tiffany found housing, employment, got out of debt and became fully self-sufficient. Tiffany is now a family advocate for the Center for Domestic Peace and recently purchased her first home.



#### Maria

NMCS' emergency financial assistance was "a Godsend."

Maria fled her home with her four children, who ranged from newborn to 17 years old. Children and Family Services referred Maria to NMCS' Intensive Care Coordination Case Manager, Ana Rivera. Ana connected Maria to Welcoming Home, who furnished her apartment. Maria was struggling financially and we provided her with two emergency distributions of

\$500 dollars and connected her to CalFresh for food. Ana recently connected Maria to Lawyers at the Library and Bay Area Legal Aid so that she can begin securing a divorce and receive child support. Maria is out of crisis, but her journey continues as she aims to return to school to gain skills and support her family. She is proud that her oldest child was just accepted to Marin Academy and received a full scholarship.

## **Participant Demographics**

Known demographics, duplicated count for participants who used multiple programs.

**80%** Latinx • **11%** White • **3%** Black

## **Impacts**



#### **Sylvia**

"When I met Isaura (NMCS' Intensive Care Coordination Manager) she immediately became an advocate for my son and I, as well as very passionate about helping. She made it her duty to make sure my son and I had what we needed to feel safe and empowered to get through a low time in my life. I was battered emotionally and physically. I had no place to live ...

Through the sacrifice and efforts of our community in Marin county I was able to maneuver and take courage and find God...I find it valuable to be rooted in my faith to forgive and the courage to change any situation that tries to take my life. As well as help others along the way." Sylvia

Isaura supported Sylvia throughout her journey and connected Sylvia to needed emergency housing and financial assistance and to our Holiday Share Program and emergency rental assistance when she lost her job due to the pandemic.

#### **Support for Teens**

A high school student, Janelle (name changed) called the Novato Teen Clinic to ask for a reproductive health appointment. During the intake process, Janelle confided that she had thoughts of suicide, and had made a suicide attempt that she had not disclosed to anyone. Our Teen Clinic staff immediately developed a Care and Safety Plan with Janelle and her mother. Janelle began weekly therapy and art activities that helped increase her sense of self-esteem. Thanks to timely and comprehensive support, Janelle reports feeling happier and more confident.

#### **Peavler Family**

"COVID hit half way through our son's 1st grade year. The months that followed were some of the worst emotionally and academically. It was also the most emotionally taxing time for us as parents, trying to work and teach, and losing our jobs at different points.



Our saving grace was when NMCS'
Child Development
Program opened back up. We will be eternally grateful that both our boys were able to go back. It meant so much for their

mental health. It provided a sense of normalcy and routine. It enabled our son to have the "school" structure he needed in order to have any kind of academic progress at all.

We are two working parents and for years I had long commutes. It was peace of mind knowing my children were incredibly well cared for and the staff at NMCS has my eternal gratitude."





## Award-Winning Work



## **Recent Recognitions**

- 2021 North Bay Business Journal's Best Places to Work
- 2021 Look Who's Getting It Done Award, presented by District 5 Supervisor Judy Arnold
- 2021 Jefferson Silver Award to Cheryl Paddack, CEO, presented by KPIX and Multiplying Good
- 2021 Community Pandemic Assistance Award to Lead Food Pantry Volunteer, Cindy Stern
- 2020 Outstanding Child Abuse Prevention Award from The Marin Child Abuse Prevention Council
- 2020 Marin Quality Counts Consortia's Mastering High Quality Standards to Early Child Development Program (4 years, since 2017)
- 2019 North Bay Business Journal's CFO Recognition Award to Vanshika Nachnani

### **Management Team**



#### **Administration, Finance and Development**

Chief Executive Officer, Cheryl Paddack; Chief Financial Officer, Vanshika Nachnani; Development Director, Stephanie Williams; Director of Operations, Paul Russell; HR Generalist, Alaine Kalder

#### **Wellness Programs**

Director of Wellness Programs, Alaina Cantor; Wellness Program Manager, Chelsea Fenton; Community Support Services Manager, Liliana Palu; Intensive Care Coordination Manager, Isaura Resendiz

#### **Latinx Services**

Director of Latinx Services, Berta Campos-Anicetti

#### **Child Development Programs**

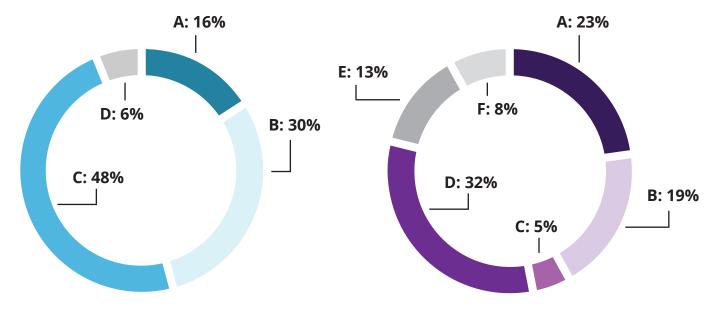
Program Manager, Emily Bugos; Assistant Manager, Angelina Susmani; Early Childhood Education Assistant Manager, Michelle Keane; School Age Assistant Manager, Anne Varner

## **A Model for Transparency**

## **Financials**

Fiscal Year 2021/22 Operating Budget:

\$5,385,993



#### **INCOME**

A: 16% Program Fees

**B: 30%** Government Grants & Contracts

C: 48% Foundation Grants/Individual

Donor-Advised Funds

D: 6% Community & Other Funding

#### **EXPENSES**

A: 23% Child Development

B: 19% Mental Health & Wellness

**C:** 5% Latinx Services

**D: 32%** Case Management, Health & Safety

E: 13% Admin & Facilities

**F:** 8% Fundraising







## 

#### **Impact Circle** \$100,000+

California Department of Education City of Novato County of Marin Crescent Porter Hale Foundation Ginnie and Peter E. Haas Jr. **HCA Family Fund** Marin Community Foundation



#### **Leadership Circle** \$50,000-99,999

Bob Brown and Angela Streheli Dean and Michele Moser Duckworth-Dixon Charitable Fund **Gruber Family Foundation** Margaret E. Haas Sandro and Jeannie Sangiacomo Together Toward Health, a program of the Public Health Institute

#### \$10,000-49,999

A.O. Dragge Foundation Anonymous Donors (3) Bank of Marin Beso Bistro LLC Donald O. & Ronald R. Collins Fund Elizabeth and Martin Sleath First 5 Marin Children and Families Commission Fullerton Family Foundation Gary and Toni Bramon George and Virginia Jurkowich George H. Sandy Foundation Greg Beyer and Bridgit Lappin Jeffrey and Kathy Johnson Jonas Family Foundation Kaiser Permanente Northern CA Community Benefits Program Kira and Bradley J. Haas

Leslie and Mike Murphy Marin Health Medical Center Presbyterian Church of Novato Rotary Club of Ignacio Scott MacLeod and Linda Kislingbury The Boris and Vera Bogart Foundation The Isabel Allende Foundation The Village Fund Ultragenyx Pharmaceutical W. Bradley Electric, Inc. Walter & Elise Haas Fund Wells Fargo Foundation

#### **Heart of Community Circle** \$1,000-9,999

Alaina and Ian Cantor Alan Brickman Aleka Seville All Bay Vehicle Donations Allensby Charity Fund Trust Amy Wright and Ed Batista Ann and Andrew Mathieson Anne Reed Anonymous Donors (7) Bay Builders, Inc Bay City Capital Foundation Ben and Kathy Kibbe Betty Jo and David Rasmussen BioMarin Bonner-Ring Charitable Fund Brayton Purcell LLP Cameron Coffey & Kaye Prof. Corp.

California Family Resource Association Carol Preisig Carole Bennett

"NMCS has played a vital role in our community helping those who otherwise would fall through the cracks. It is important to us that this doesn't happen here. So we are happy to support you as much as we can."

#### Jeffrey and Nancy Amen

Catherine Skinner Cecilia Brunner-Pierce Cheryl and Mark Paddack Cheryl Lind Chevron Corporation Chris Skinnell Christopher and Sarah Kujawa Col. William Cope Denis Carrade Diane and Scott Patterson Dick and Fran O'Brien Donald and Gail Schreuder Dorothy and F. Robert Kuchem Edward J. Boracchia Foundation Edwin and Miriam Kaegi Eleanor and Robert Thiel Elfi and Charles Bakken Eric and Karen Andresen Eric and Marianna Nickel Farhad Mansourian, remembering Mariam Mansourian Francesca Bell Frank and Lauren Puliafico Front Porch Realty Group

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**Good Stuff Partners** 

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## Community - - - - -

### **Heart of Community Circle**

\$1,000-9,999, continued

Sidney Stern Memorial Trust Soroptimist International-Novato St. Francis of Assisi Episcopal Church Stacey Kelly-Egide

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Wambach Family Charitable Account

Wednesday's Gift

Westamerica Bank

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Zelia Fernandes and Brad Arnold

#### **Guardian Circle**

Donors that make monthly contributions

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Anonymous Donors (3)

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Diane Kelley

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Evelyn Thoma

**HCA Family Fund** 



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Jeff Borders

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Ion McDowell

Leland Yee

Leslie and Jeff Belingheri

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Lvnne Bannen

Mark Miller and Madeline Martin

Robin and Chris Diederich

Sharon Fertitta

Susan and Michael Alvarado

Terrence and Jeaneen Whistler

William Stephenson

Zelia Fernandes and Brad Arnold

#### **Loyalty Circle**

Individual & business donors that have given

faithfully for 25+ years

Bill and Vicki McDill

**Brayton Purcell LLP** 

Brian Brady

Charlotte and Dexter Shell

Col. William Cope

County of Marin

Dave and Lynn Durbin

Dean and Michele Moser

Gail Enos

Gary and Judi Joseph

Ginnie and Peter E. Haas Jr.

Jeanne and Patrick MacLeamy

Ieanne Dinkelspiel

Jennifer Goldfinger

Jenny Chingon

Joseph and Barbara Basso

Kathy and Larry Gondola

Kathy Dean/Dean Family Fund

Larry and Myra Aronson

Laurence and Mary Mazzotta

Marin Charitable

Marin Community Foundation

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Rotary Club of Novato

Sandy Williams, remembering Brian Williams

Shirley Sokolowski

Steve and Michele Rempe

The Frankie Poulos Foundation

Thomas Bales Tommie and Svetlana Whitener

Veronica and Gary Reed

Vince and Gerri Chisholm

W. Bradley Electric, Inc.

Walter & Elise Haas Fund Westamerica Bank

William and Virginia Schultz

"It is exciting to enhance the Diversity, Equity and Inclusion program started by the diligent staff at NMCS. It is to their credit that this pebble can be dropped in the pond to reverberate throughout the community for years to come. May this program contribute by leading us into a more peaceful and aware world."

Jennifer L Miller

#### In-Kind Donors

\$1.000+

Cagwin and Dorward

Candra Canning and Matt Glerum

Charlotte and Dexter Shell

Cheryl and Mark Paddack

College of Marin

Dory Weston

Frank and Lauren Puliafico

Girl Scouts of Northern California

Hanna and Adam Sicker

Josh and Kate Chassman Kaiser Permanente Public Affairs

Karen and Robert Gifford Kate and Matthew Shilvock

Marin Independent Journal

Microsoft

Mission Committee of the Presbyterian Church

of Novato

Nicasio Valley Farm

Redwood Credit Union

Rotary Club of Novato

Sparkle Foundation, Inc.

The Principal Ultragenyx Pharmaceutical

Unicorn Group

Vintage Oaks Shopping Center

Vintage Wine Estates W. Bradley Electric, Inc.

Special thanks to the SF-Marin Food Bank for their partnership in our work.



"We are long-time supporters of NMCS, as their work encompasses the issues that matter most to us in our community: food insecurity, healthcare for uninsured and underinsured people, and education." Martin and Elizabeth Sleath



# Help Us Make More Life-Changing Impacts

#### Make a donation today

Your contribution makes a tremendous difference in our ability to provide educational, enrichment and support services to those in need. Donors who contribute \$1,000 or more annually will become Heart of the Community members. Donors that give monthly at any level are warmly welcomed into our Guardian Circle.

#### Make a Celebration or Memorial Gift

Honor a friend or a relative by making a contribution in their name.

#### Invest in our future by joining our Legacy Circle

Make a lasting commitment by naming North Marin Community Services in your will, trust, or as a life insurance policy beneficiary.

### **The Legacy Circle**

"The idea that we should love our neighbor is embraced by all the major faith traditions and even by those who are not religious. I wanted to give a lasting gift to do just that for my neighbors, here in this community that's become my home, and I can see no better way to do that than by a Legacy gift to North Marin Community Services." Anonymous Legacy Circle Member

Please call (415) 892-1643, ext. 261 for more information.
www.northmarincs.org | donate@northmarincs.org
Mailing address: 680 Wilson Ave, Novato, CA 94947
Tax ID: 94-1735064

Thank you for fueling this work and enabling life-changing impacts for people in North Marin.

Together we are strengthening our community and creating opportunities for all.

### **Mark Your Calendar**

#### **Thriller Thursday, October 21**

Join us for our free, virtual Halloween fundraiser on October 21st, 6-7pm. A benefit to support the increased demand for our mental health care and case management services. Register now at www.northmarincs.org.

## Holiday Share and Toy Drive Campaign, December 18

Continuing this 49-year tradition, please join our efforts to ensure low-income youth and families enjoy the benefit of the holiday season. Contact us to become a Holiday Share sponsor.