

# PARENT-CHILD INTERACTION THERAPY

## Do You Want More Harmony In Your Family & More Connection With Your Child?

Parent-Child Interaction Therapy (PCIT) may be the solution for you. PCIT is a brief evidence-based parenting program for young children that provides parents with real time feedback & coaching. Data shows that PCIT leads to a decrease in negative attention seeking behaviors, an increase in compliance, more satisfying parent-child relationships, and improved relationships with peers and teachers.



PCIT has been proven to significantly reduce or eliminate the following child behaviors at home and school:

- Frequent temper tantrums
- Aggression towards siblings/peers
- Difficulty following directions
- Whining
- Impulsive behaviors
- Dawdling
- Difficulty focusing/concentrating
- Sibling rivalry
- Defiance or talking back to adults
- Power struggles



### IS PCIT RIGHT FOR YOU?

- Affordable \$50 per session fee
- Appropriate for children ages 2-8 and their families
- Convenient, central location in Novato (680 Wilson Ave)

For more information please visit [www.northmarincs.org](http://www.northmarincs.org)

For a confidential phone assessment, please contact Christine Hamill, LMFT  
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